

OMELETTES

EGGS	
	(with toast, rice or organic greens)
BREAKFAST WRAP 9.5 Pork sausage, scrambled eggs, feta, baby spinach & rosemary-mint relish	ISLAND STYLE
AUSSIE BREKKIE 10.5	scallions & Swiss
Bacon, 2 eggs your way, sauteed	ROASTED VEGGIE
mushrooms, grilled tomato & toast	Eggplant, peppers, sweet potato,
LENTILS & SAUSAGES	zucchini, pesto & mozzarella
Warm lentil salad & chicken sausages	
with 2 eggs over	HOUSE10.5
	Bacon, potato, cherry tomato, spinach
ROAST BEEF HASH	& parmesan
Prime rib roast, roasted fingerling	
potatoes, red onions with 2 eggs over	0.1.1.7.1.1.0.1.7.0
pocacoes, rea onions with 2 eggs over	SANDWICHES
MUSHROOM ROSTI 12.5	
Crisp potato cake, balsamic mushrooms	BURGER WITH THE LOT12.5
& spinach with 2 eggs over	Beef & pork burger with bacon, egg,
a spinaon with i eggs ever	cheddar, grilled onions, beets &
KALE & QUINOA SALAD 12.5	sweet chili mayonnaise on a wheat roll
roasted kabocha, tamari toasted seeds	served with a side salad
with 2 eggs poached	
with 2 eggs podened	B.L.T8.5
CHICKEN FRIED RICE 9.5	Bacon, organic greens, tomato, avocado
Garlic-pepper chicken & scallions	& mayonnaise
with 2 eggs over	
with 2 eggs over	SMOKED SALMON TARTINE12.5
ITALIAN BAKED EGGS	(Open face) with cream cheese, capers,
2 eggs, Italian sausage & parmesan	tomato & red onion
baked in tomato sauce with toast	
baked in comaco sauce with coast	CROQUE MADAME8.5
	Black forest ham, Dijon & Swiss
SWEET THINGS	with 1 sunny egg
OWEET THINGS	
RICOTTA PANCAKES 9.5	
with strawberry compote	BAKED BY US
Strawberry compose	
TIM TAM WAFFLE 9.5	MANGO-MACADAMIA BREAD4
with ice cream & syrup	
100 oream a byrap	CHOCOLATE BANANA BREAD4
FRUIT SALAD 9.5	

with house granola & Greek honey yogurt



SIDES

Applewood Bacon		
Parkumuana Causana		4
Portuguese Sausage		4
Chicken Sausage		4
Smoked Salmon		5
2 eggs your way		3
Rosti (crisp potato cake)		4
Sauteed Mushrooms		4
Sliced Tomato		3
Avocado		3
Rice (white or brown)		2
Organic Green Salad		3
Kale & Quinoa Salad		5
Warm Lentil Salad		5
House Granola with milk		5
Single Ricotta Pancake with syrup		3
Toast (multi-grain, sourdough or gluten-free)		3
FRESH JUICES fresh pressed to order		
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