

TUCKER & BEVVY

////////// PICNIC FOOD

TOASTED SANDWICHES

Three Cheese + Roasted Tomato- swiss, provolone + mozzarella	8.5
Pastrami Reuben with red onions, havarti + Russian dressing	8.5
Veggie Stack- eggplant, sweet potato, zucchini, peppers, provolone + basil pesto	8.5
Turkey + Brie with roasted red peppers, baby spinach + honey mustard.....	8.5
Ham + Swiss with Dijon mustard.....	8.5
Chicken Pesto with tomatoes and mozzarella	8.5
Keiki Grilled Cheese.....	4

SANDWICHES

Egg Salad + organic greens.....	6
Turkey Cranberry with organic greens + mayonnaise	6
Curried Chicken Salad with almonds, raisins, carrots + cucumbers.....	6
Ham, Cheddar + Tomato.....	6

WRAPS

Smoked Ahi with capers, onions, tomatoes, organic greens, lemon mayo	9.5
Caesar Chicken with bacon, avocado, organic greens, grape tomatoes + Caesar-mayonnaise	7.5
Kale + Butternut with mint, roasted pepper cashew hummus + lemon dressing	7.5

GREEN SALADS

Sesame Chicken with beets, organic greens, grape tomatoes, almonds + sesame dressing	9
Miso Tofu with furikake, edamame, organic greens, tomatoes, cucumbers, scallions, sunflower seeds + miso dressing	9
Beet-Walnut with marinated beets, organic greens, feta, honey walnuts + house vinaigrette.....	9

SIDE SALADS

Dill Fingerling Potato Salad with green olives, capers + scallions.....	5.5
Asian Rice Noodle Salad with carrots, cucumber, red onions, peanuts + sweet-chili-lime dressing	5.5
Kale, Quinoa & Kabocha with toasted tamari seeds + house vinaigrette	5.5
Farro-Kale Salad with red cabbage, carrots, scallions, almonds, cranberries + orange-ginger vinaigrette	5.5
Organic Greens with house vinaigrette	4.0

PICNIC SIDES

White Bean + Sage Hummus.....	5	Potato Chips.....	2
Red Pepper + Cashew Hummus.....	5	Cookies	2.5
Pita Chips / Gluten-Free Crackers.....	2	Brownies	3.5
Veggie Sticks.....	3	Gluten Free Cookies	4.5
House-made Ranch Dressing	1	Fresh Fruit Cups	5.5

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MORNINGS

Spinach-Mushroom Frittata + Provolone Panini	6.5
Bacon, Egg + Cheddar Panini	6.5
Ham, Egg, Dijon + Swiss Panini	6.5
Smoked Salmon Baguette with cream cheese, capers, tomatoes, cucumbers, sprouts	7.5
Ham Cheese Tomato Baguette	7
Banana Bread with Chocolate Chunks	3.5
Mango Bread with Macadamia Nuts	3.5
Toasted Corn Bread with Guava Jelly	3.5
Homemade Granola Shards	4
ilily Coffee 12oz /16oz	2.5/3.5

FRESH JUICES 12 oz.

Lean Green kale, green apple, cucumber, celery, lemon, ginger	6.5
Sunrise orange, carrot, ginger	6.5
Auntie Oxi beet, carrot, red apple, grape	6.5
C Holiday orange, pineapple, mint	6.5
Bevvy Quench watermelon, green apple, red apple	6.5
Just Pineapple ...because you're in Hawaii	6.5

REAL FRUIT SMOOTHIES 12 oz.

Paradise papaya, pineapple, apple juice	5.5
Tropical Storm mango, pineapple, banana, pineapple juice	5.5
Berry Berry strawberry, blueberry, raspberry, apple juice	5.5
Pina Colada pineapple, banana, coconut milk, pineapple juice	5.5
Sunset papaya, strawberry, mango, apple juice	5.5
Triple Banana banana, banana, banana, apple juice	5.5
ADD Soymilk, Almond Milk, Kale, Mila, Oat Bran, Protein Powder, or Crushed Flax Seed	1/ea

Waialua Soda	3
Coconut Water	3
Arizona Green Tea	2
Soft Drink	2
ilily Cappuccino	3
Sparkling Water	3

La Gelateria- Gelato + Sorbetto	3.5
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