

TUCKER & BEVVY

////////// PICNIC FOOD



SETS include PICNIC bag w-ice

- SET 1 Wrap, Side Salad, Cookie, \$17.50
- SET 2 Organic Green Salad, Nuts, Cookie \$18
- SET 3 Sandwich, Chips, Cookie \$14
- SET 4 Assorted Mini Wraps, Side Salad, Cookie \$15
- SET 5 Noodle Salad, Fresh Fruit, Nuts \$17

Add to your PICNIC or Create your own...

WRAPS \$9.50 whole / \$5 half (minimum 2) / \$7 assorted mini wraps

- Smoked Ahi Salad with Capers + Red Onion, Grape Tomatoes, Baby Spinach
- Peri Peri Chicken (*Aussie version of a mild Cajun*)-Tomatoes, Organic Greens, Green Goddess Dressing
- Caesar Chicken-Bacon, Tomatoes, Organic Greens, Caesar Dressing
- Organic Kale, Roasted Butternut, Red Pepper-Cashew Hummus (*Vegan*)
- Turkey, White Bean Hummus, Avocado, Organic Greens

SANDWICHES \$7

- Turkey, Cranberry, Organic Greens
- Turkey, Pesto, Mozzarella, Tomato
- Turkey + Provolone w-Mayo + Dijon Mustard on the side
- Local Egg Salad (*free-range + organic*) w-Organic Greens
- Ham + Local Egg Salad (*free-range + organic*)
- Rosemary Chicken, Organic Greens, Sundried Tomato Aioli
- Curried Chicken Salad with Almonds, Raisins, Carrot, Organic Greens

ORGANIC GREEN SALADS \$9.50

- Asian Chicken, Jicama, Mint, Cucumber, Tomato, Carrot, Onion, Almonds, Sweet Chili Lime Dressing (*GF*)
- Sesame Beets, Feta, Walnuts, Carrot, Cucumber, Tomato, Orange-Ginger Dressing (*GF*)
- Peanut Tofu, Carrot, Cucumber, Tomato, Peanuts, Thai Peanut Dressing (*GF, Vegan*)
- Roasted Kabocha Squash, French Lentils, Tamari Seeds, Quinoa, Baby Kale, Lemon Dressing (*GF, Vegan*)

NOODLE SALADS \$7.50

- Buckwheat Soba, Miso Roasted Broccoli, Organic Tofu, Edamame, Sesame, Scallions, Ponzu Dressing (*Vegan*)
- Rice Noodles with Chicken, Peanuts, Mint, Carrot, Cucumber, Tomato, Sesame, Chili-Lime Dressing (*GF*)

SIDE SALADS 6oz \$3

- Pasta Pesto with Grape Tomatoes, Pine Nuts + Parmesan
- Dill Potato Salad with Capers + Red Onion (*GF*)
- Organic Farro, Cranberries, Almonds, Kale, Red Cabbage, Carrot, Orange-Ginger Vinaigrette (*Vegan*)
- Fresh Fruit

ORGANIC BABY CARROTS + DIPS \$5

- White Bean Hummus / Red Pepper-Cashew Hummus / Kim Chee Dip / House Ranch Dressing

Bag of Chips \$2

Spicy Edamame \$4

Water 8oz \$1

Waiola Coconut Water \$3

Cookie / GF Cookie \$2

Nuts 4oz \$3.5

Li'l Beauties \$3.5

PICNIC bag + ice pack \$3

CATERING + WHOLESALE (48 hour notice) 449 Kapahulu Ave. #102 catering@tuckerandbevv.com

PICNIC SHOP 2586 Kalakaua Ave. (808) 922-0099 info@tuckerandbevv.com